

# Children of GOD

## **Changing your life during Lent** **What you do matters to God**

### **Sunday 3/8**

God is always present in our lives, even during difficult or sad times. God is always there to help us during these times; we just have to ask for His help in our prayers.

God  
LOVES  
you

### **Monday 3/9**

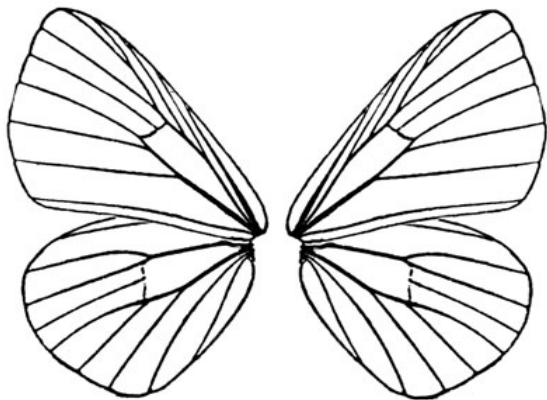
Pray for one another. We should always pray for members of our family, but it is an act of true kindness to pray for other people. It is like giving them a little gift of ourselves.

### **Tuesday 3/10**

“Be good for goodness sake”. Have you heard that saying before? When you help someone, without being asked—that is being “good for goodness sake”. Try to be “good for goodness sake” many times this week.

### **Wednesday 3/11**

In the Lord’s Prayer, we ask God to forgive us as we forgive others. We need to forgive others and let others (and God) forgive us.



Finish drawing in the butterfly

### **Thursday 3/12**

We need to be thankful for what we have. Do we appreciate our family, our friends, our toys, our home, the food we eat, the clothes we wear, our school, our country, our freedom, our Church and our faith?

### **Friday 3/13**

Prayer is how we talk to Jesus

Jesus I believe in you

Jesus I hope in you

Jesus I love you

### **Saturday 3/7**

How did you do this week? Today is a good day to think about the kind things you did, the help you gave to your family, friends and schoolmates. It is also time to think about the good things you can do next week. Use these daily thoughts as guidelines during Lent. Hopefully you will continue them after Easter.

## **The Transfiguration**

What do Peter, James and John see?

Finish drawing the picture.



After six days Jesus took Peter, James and John with Him and led them up a high mountain, where they were all alone. There Jesus was transfigured.