

Children of GOD

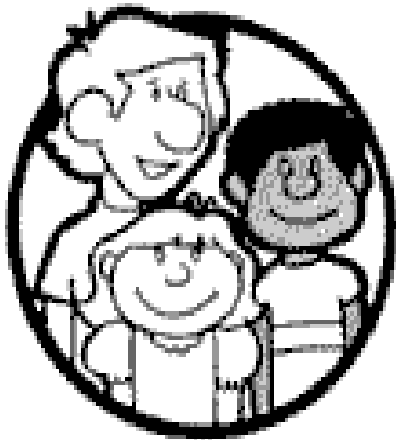
Changing your life during Lent What you do matters to God

Sunday 3/1

Sunday is the "Lord's Day". It is also the day of the family, a day of rest and joy for God's gifts. God loves you as a member of His family.

Monday 3/2

Jesus taught us that He would judge us on how we treat other people. It is easy to be nice to other people when we remember that they are God's children.



Thursday 3/5

When we sin, we get into a bad habit. For example, if we tell a lie and don't get caught or punished, we start to think that it is OK. It is not OK with God. We need to ask God to help us change our bad habits.

Friday 3/6

During Lent the church asks adults and children who have already received First Eucharist not to eat meat on Fridays. This is a small sacrifice we make to God, remembering the great sacrifice He made for us. When we "give up" something or make a sacrifice during Lent we are not to tell others or brag about it.

Saturday 3/7

What did you do this week? Today is a good day to think about the kind things you did, the help you gave to your family, friends and schoolmates. It is also time to think about the good things you can do next week.



Tuesday 3/3

God forgives us when we ask for His mercy because he loves us. We are given this grace every time we go to Confession.

Wednesday 3/4

Jesus said "what you do for others, you do for me." Are you kind to your family, friends and schoolmates? Is anyone left out? Next time you get together is everyone included?

