

# Children of GOD



## Lent

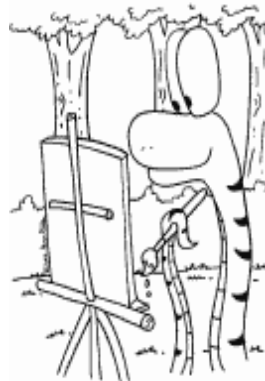
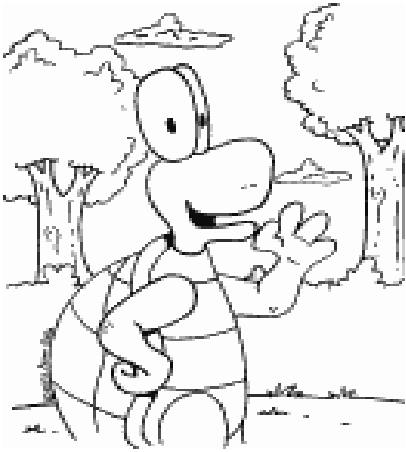
It is a time of renewal

### Purple

The color symbolizes penance and reflection

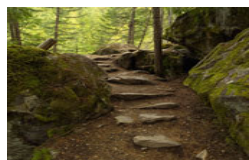
Lent is the time of preparation for Easter. During Lent, we are asked to focus on changing our lives through prayer, penance, and love. In doing these things, we try to become more like Christ in his love for God and others.

Jesus said, "A special time has come. It is a time to change your lives and believe in the Word of God and in God's Kingdom of Love."



What path are we on?

God gave us Lent to Pray and listen to His Words.



February 22,2009

## Ash Wednesday

Ash Wednesday is the first day of Lent. It is the day when the sign of the cross is made with ashes on our forehead.

When the sign of the cross is being made the priest or his helper will say "Repent and believe in the Good News" and you will answer "Amen."

The gospels are called "good news" because when you follow Jesus, you become a better person. Jesus is your leader and guide, he will show you the way to holiness.

Today and each day during Lent read a few lines from one of the gospels from your Bible.

You will learn what it takes to follow Jesus.

What can you do during Lent to change our lives?

### Wednesday 2/25 Ash Wednesday

God is always there for us; say "thank you God" in your prayers every day.

### Thursday 2/26

Mary, the Mother of Jesus always thanked God when good things happened to her. Today say the Hail Mary with your parent.

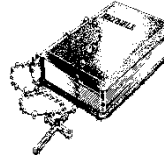
### Friday 2/27

This is the first Friday of Lent. On all Fridays in Lent the church asks you and your family to "give up" eating meat. We should also think about "giving to", can you and your family put something in the food basket at church for the hungry?

### Saturday 2/28

Jesus forgives us because he loves us. Today say "I love you" to Jesus and to someone you care about.

## Fill in the Blanks



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